

Scoliosis Therapy

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Research Study Conducted by ScolioBend LLC

Slide Credits: Slidesgo

Research Method

ScolioBend's Research Study

- Research Questions:
 - What physical therapy options do scoliosis patients use for treatment?
 - What are their tips, recommendations, and opinions of these scoliosis therapy options?
- Experimental Method:
 - Together, the ScolioBend Team reached out to 57 people and/or groups
 - Reached out primarily through Instagram
 - 20 people responded by filling out a curated survey
 - Roughly 35% retention rate

Sample Demographics

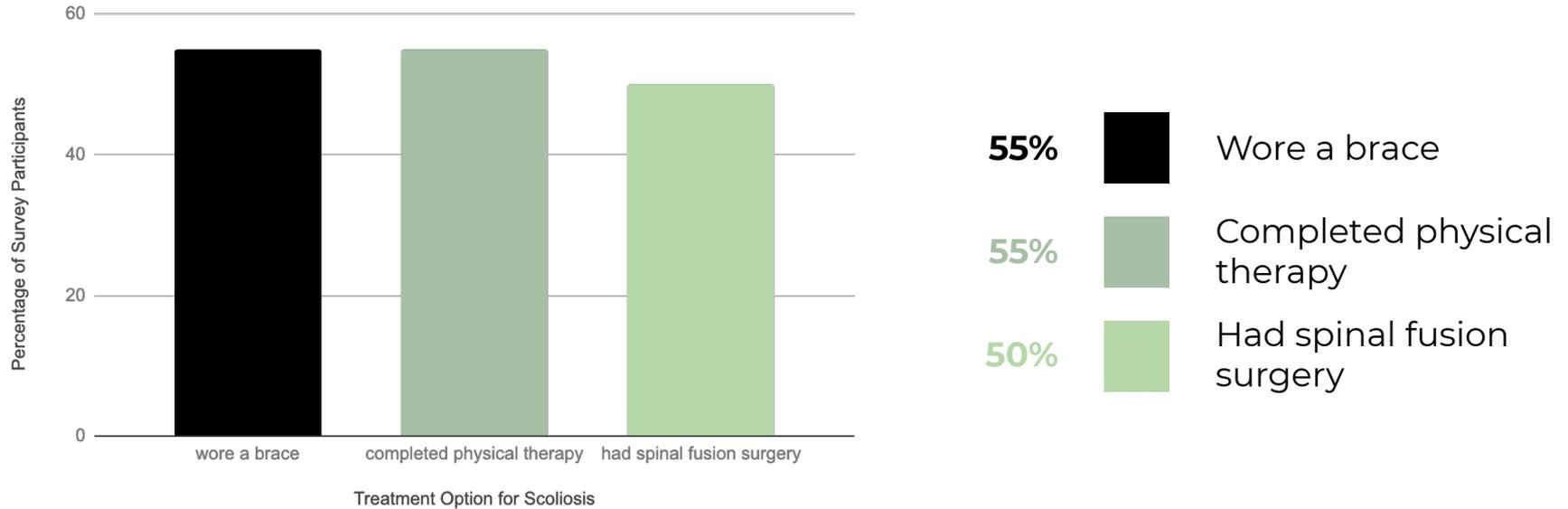
- 19/20 responses were female
- 17/20 responses were between the ages of 12 and 19
 - Three of the 20 were all older than 19 (20, 23, and 43)
- 18/20 responses were diagnosed with scoliosis between the ages of 9 and 15
 - Two of the 20 were diagnosed younger (6 months old and 2 years old)

Next Steps in Treatment After Diagnosis

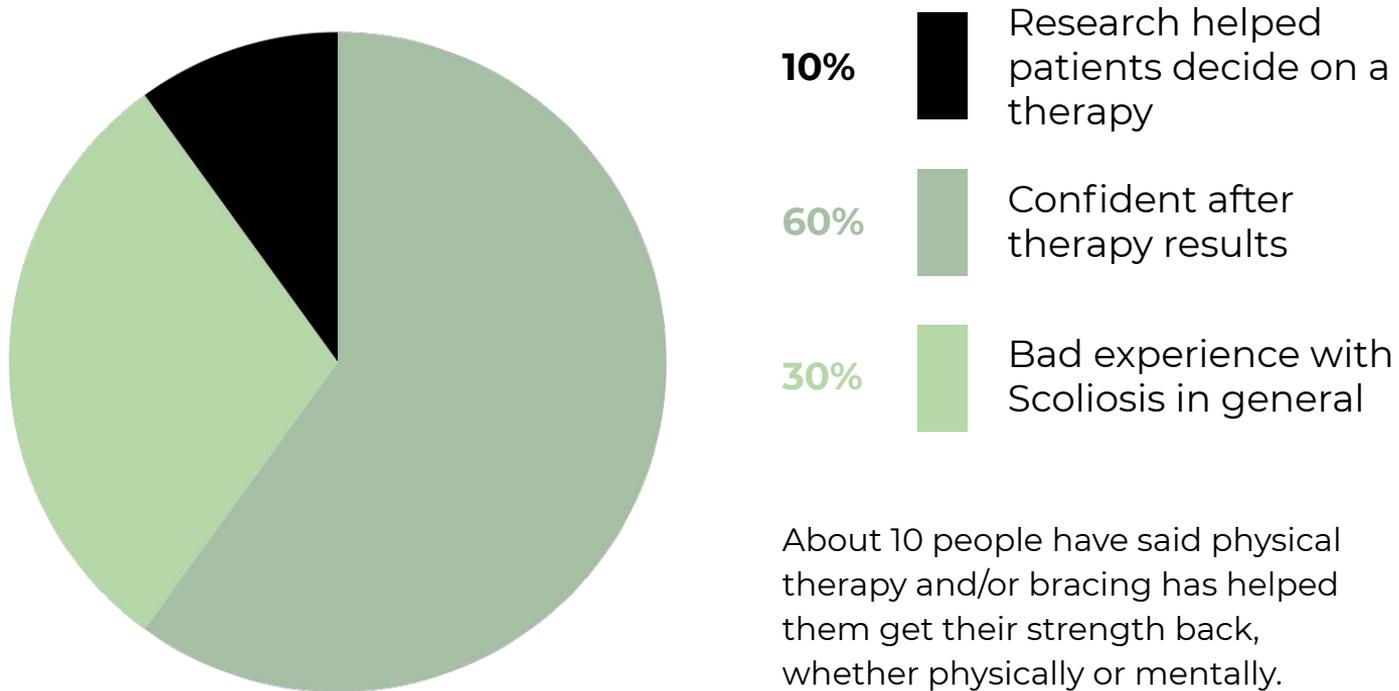
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- 19/20 responses have done either physical therapy, bracing, or spinal fusion (surgery)
 - Some have done two or even all three of these options
 - One patient did x-rays to monitor her scoliosis
- 11/20 responses wore a brace for their scoliosis
- 11/20 completed physical therapy for their scoliosis
- 10/20 had spinal fusion surgery

Treatment Patterns



General Experience with Scoliosis Therapies



About 10 people have said physical therapy and/or bracing has helped them get their strength back, whether physically or mentally.

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Tips from Our Warriors

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12/20

warriors

“Don't give up and remain in a positive mindset.”

2/20

warriors

“Meet with doctors regularly. Listen and follow their advice that they give you.”

6/20

warriors

“Continue doing bracing or physical therapy, even if it is hard to stay motivated through the day.”

We are Bent To Be Strong™!

“Love yourself and never give up.
Keep pushing because it will all work out
in the end. Your circumstances do not
define who you are because you are
made beautiful and resilient.”

A message from one of our scoliosis warriors