

Rigo-Cheneau Bracing

Custom-made lightweight and discreet brace made for patients with varying severity of their scoliosis curves. **The brace is utilized for children or adolescents with growing bones, which prevents the scoliosis curve from becoming much worse.** These braces are to be worn for as long as your orthotist recommends, depending on your treatment goals and schedule. The brace puts gradual pressure on the spine to align the 3-D spinal curve to become straighter over several years.

For Who? -Children and Teens-

The brace allows for the curve to stop progressing while the child's body is still growing.

What's Next?

Our good friends at the National Scoliosis Center are one of the leaders in making patient-specific Rigo-Cheneau Braces that fit peoples' various lifestyles. You can contact their plethora of board-certified specialists and their braces by clicking below:



**A Picture of
Christine's
Brace!**



My Experience

I wore a Rigo-Cheneau Brace for almost 3 years while I was in middle school (I actually went to the National Scoliosis Center to get my brace!). It was a series of ups and downs, but all in all I found bracing to be effective for me and a key step in my treatment journey. Bracing actually improved my lumbar curve and helped me find good posture habits. Sometimes it felt like my bracing would never end, but there's light at the end of the tunnel and you're doing great!

Advice?

- Wear an athletic tank top under your brace or put your brace in the fridge when you're not wearing it to cool yourself down.
- Keep track of the thoughts and tips you have in a brace journal!
- Don't be afraid to express any concerns you have to your parents, doctor, or orthotist. Many of my concerns were able to be alleviated after I talked about it.
- **Never forget that you are not alone :)**

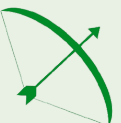
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Warrior Q&A with Christine
(Founder of ScolioBend)



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